

1 SPU, 1 Family

By: Starrine. A



Morning exercise : Poco-poca dance



Photo winning entries: by Nurul Izza

On December 18, 2010, our family day was held at the Karambunai Lagoon, Nexus Resort Karambunai, Sabah. There were about 166 staff including their families attended this event. It started with aerobic exercise doing the poco-poco dance headed by Ms Jecelyn John. The entire member was divided into 4 teams. Each team was named after a lizard species; Tokay – Yellow, Salamander – Red, Chameleon – Blue and Iguana – Green.

The teams' achievement of the day:

Winner	Iguana
Runner up	Chameleon
Second runner-up	Tokay
Third runner-up	Salamander

The main highlight of the event was the lucky draw session, the much awaited by all the SPU family members. The grand prizes were LCD home theatre won by Dr Win Win Min, a washing machine by AP Bella Puvok, a set of dining table by Nurul Izza, an air conditioner unit by Jecelyn, a refrigerator by Rosmina and Dr. Muhd Iftikhar Hanif, handphone by AP Dr. Chua and a camera by Emily Jius. Congratulations to all the grand prize winners and to each and every participant for winning assortment of special prizes. Above all, we as the SPU family had so much fun; we have created the wisdom and culture of togetherness amongst us and thus achieved the goal of this special event.



Babies competition



The event proceeded with five triathlon telematches such as eating banana, running with tied legs, and exploding balloon competition. This event was the most entertaining to both players and team members. The family event also held karaoke competition for children, building sand castles and tarik tali. Although it was raining, the SPU family event continued until late afternoon.



tarik tali



Build sand castle



Telematches