KOTA KINABALU: UMS clinched their fourth gold medal at the 3rd Malaysia Higher Learning Institutions Sports Carnival (SUKIPF) in Johor Bahru, yesterday.

This time, it was the trio of Nur Syahirah Bryanna Gomes, Nyuk Yin Tseu and Vedula Jessica Peter that delivered for their varsity by winning the women's team kata event.

They defeated UiTM trio 5-0 in the gold medal tie.

Sports Centre director Mohd Asyraaf Fong Abdullah said the day also saw them win another three bronze medals.

He said Nur Syahirah won bronze in the women's individual kata, while Joanne Chai Guan Jun won her bronze in the women's singles in badminton with Max Anzie Jetol settling for third in the shot put.

With the latest haul, UMS are only two gold medals short of their six-gold medal target, where Asyraaf hoped they would win more gold medals in the next four days.

Earlier, UMS bagged their third gold through Christina Edris in the silat events.

She clinched the Puteri E gold medal after defeating Nurnabilah Natasya Abdullah from UiTM in the final.

On the opening day, UMS bagged the first gold medal of the biennial games through taekwondo events.

Raymond Toh Men Hui, Ahmady Radi and Lee Kim Qin won the poomsae with 6.98 points, ousting a Help University trio in second place with 6.56 points.

UMS also won a second taekwondo gold medal thanks to another impressive performance in the poomsae.

Ahmady paired with Cheong Pui Siong to clinch the gold in the mixed poomsae category.

UMS are among 120 contingents comprising public universities, polytechnics, community colleges and teachers' institutions competing in the games.

Aside from taekwondo and silat UMS is also competing in athletics (track and field), badminton, tenpin bowling, petanque, lawn bowls, karate and beach volleyball.

They are targeting six gold medals for a top-10 finish overall.

UMS concluded their challenge in 11th spot overall at the previous edition in 2014.