The Moderating Effect of Coping Strategies on Job Satisfaction and Psychological Wellbeing Among Fire Fighters

ABSTRACT

Sources of occupational stress and their impact on job satisfaction and psychological health were examined in a questionnaire survey of 617 Malaysian fire fighters. The role of coping strategies as moderating factor was also tested. The results indicated that the overall of sources of stress had a significant negative correlation with job satisfaction. The results also indicated that the overall of sources of stress had a significant positive correlation with overall psychological health and there were significant influence of coping strategies as a moderating variable between sources of stress and job satisfaction as well as psychological health (stress, anxiety and depression).