KOTA KINABALU: The Cycling Club of University Malaysia Sabah (UMS) organised a cycling expedition with a theme called "We Cycle, Recycle" from UMS to Tanjung Aru beach recently.

A total of 38 students led by Coach Macson Enrico Easternon and Coach Oscar Gilbert was involved in cleaning up the beach and visiting the disabled children's home.

The objective of this expedition is to encourage members of the bicycle club to experience something different apart from university lectures.

The ceremony was officiated by the Director of Co-curricular Centre and Student Development, Assistant Professor Abdul Jamad Abd Hamid, at the Chancellor Hall's compound at UMS.

"Besides picking up rubbish, we also promote our activity to visitors in instilling awareness and maintain a clean beach environment to the public.

"The team also went to the disabled home, Rehabilitation Centre for Disabled Children (TDKKU) at Sembulan, feeding the children and assist them to paint their home," said Macson.

In addition, the team had also informed the public about the programme and tried to obtain as many signatures as possible from both 'outside and inside' of UMS in order to get people involve indirectly in this programme.

"The expedition symbolises health, the beach cleaning symbolises green environment," he added.

The programme was also part of their Corporate Social Responsibility (CSR) in raising environmental awareness and to help the needy.

"We want to do as much social work as possible by contributing something to Mother Nature and helping the needy such as welfare homes," said Macson.