UMS aims to set treadmill record to mark 40th jubilee

Larissa Lumandan

KOTA KINABALU: Universiti Malaysia Sabah (UMS) students aim to set a record of running non-stop on treadmill for 11 days beginning Jan 20 to mark the institution's 20th anniversary.

The Longest Distance Running On Treadmill By A Group stunt, to be held at IBorneo Hypermall, hopes to break the previous record held by a group of runners from UiTM Samarahan campus since 2012.

Its Vice Chancellor Prof Datuk Dr Mohd Harun Abdullah said the programme was timely as UMS had just turned 20.

"It is a joint collaboration between the Sport Science Programme from the School of Education and Social Development as well as the School of Medicine to have UMS listed in the Malaysia Book of Records," he said at the handing over ceremony of the sponsorships.

Programme Director Laura Simon, also a UMS student, said the participants of eight male and a female would be taking turns running on the treadmill for two hours, with a total of 264 hours.

The runners include a disabled athlete, Abner Moilie, 21, a second year Bachelor Degree of Sports Science student from Tamparuli who suffers from eye impairment.

"My limited vision will not stop me from taking up this challenge because it proves that people like me can do anything a normal person can," he told reporters.

The sole female runner Dora Suan from Kg. Lokos, Tamparuli, who is the seventh of nine siblings, said she had been an athlete since primary school.

"I usually run long distance - 1,500m and 3,000m and have won gold," she said, adding that she had also previously joined in the Borneo Students Sports (SUKMAB).

She said they trained on the treadmills for one hour and a half on Mondays, Wednesdays and Fridays.