## The effect of parents' ethnic socialization practices on ethnic identity, selfesteem and psychological adjustment of multi ethnic children in Malaysia

## **Abstract**

The present study aims to explore the role of parents' ethnic socialization practices contributes to the ethnic identity development, self-esteem and psychological adjustment of multi ethnic children in Sabah, Malaysia. A total of 342 multi ethnic children (age range = 10 years old to 14 years old; mean age = 12.65 years, SD = 0.88) and their parents participated in the present study. The modified version of Multi group Ethnic Identity Measure (MEIM), The Familial Ethnic Socialization Measure (FESM). The Rosenberg Self-Esteem Scale (RSE) and Behavioral and Emotional Rating Scale Edition 2 (BERS-2) were used in this study. The results showed that: i) parents' ethnic socialization practice was a strong predictor of ethnic identity development of multi ethnic children; ii) parents' ethnic socialization practice also was a significant predictor of self-esteem of multi ethnic children; iii) parents' ethnic socialization practice was not a significant predictor of psychological adjustment of multi ethnic children. The results of this study showed the implications parents' ethnic socialization practices and ethnic identity development in successful multi ethnic families.