

# **The Moderating Effect of Coping Strategies on Job Satisfaction and Psychological Wellbeing Among Fire Fighters**

## **ABSTRACT**

Sources of occupational stress and their impact on job satisfaction and psychological health were examined in a questionnaire survey of 617 Malaysian fire fighters. The role of coping strategies as moderating factor was also tested. The results indicated that the overall of sources of stress had a significant negative correlation with job satisfaction. The results also indicated that the overall of sources of stress had a significant positive correlation with overall psychological health and there were significant influence of coping strategies as a moderating variable between sources of stress and job satisfaction as well as psychological health (stress, anxiety and depression).