



## ORIGINAL ARTICLE



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# Antiparasitic activity of the medicinal plant *Dillenia suffruticosa* against the marine leech *Zeylanicobdella arugamensis* (Hirudinea) and its phytochemical composition

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## Abstract

*Zeylanicobdella arugamensis* (Annelida: Hirudinea), a marine parasitic leech, is currently affecting different species of cultured groupers, hybrid groupers, snappers and sea bass in Malaysia. *Dillenia suffruticosa* (Dilleniaceae), a medicinal plant found in Sabah, has been selected in our experiment to kill the leeches as a natural control method. The leech-infested hybrid groupers were collected from aquaculture facilities, and the isolated leeches were challenged against methanol extract of *D. suffruticosa* leaves. The experiment was carried out using various concentrations of the extracts such as 25, 50 and 100 mg/ml. The methanol extract showed significant antiparasitic activity against *Z. arugamensis* with 100% mortality at a concentration of 100 mg/ml in  $14.39 \pm 3.75$  min., followed by 50 and 25 mg/ml in  $32.97 \pm 9.29$  and  $41.77 \pm 5.40$  min., respectively. The phytochemical composition of the extract was determined using GC-MS analysis to understand the nature of the principal compounds responsible for its antiparasitic properties. The leaves of *D. suffruticosa* demonstrated the presence of different bioactive compounds of various natures with varying percentages. Thus, it could be revealed that the methanol extract of *D. suffruticosa* mainly contains vital phytochemical compounds and showed an effective antiparasitic activity against the harmful leeches of hybrid groupers.

## KEYWORDS

antiparasitic activity, aquaculture, *Dillenia suffruticosa*, *Epinephelus* spp., hybrid grouper, phytochemicals, *Zeylanicobdella arugamensis*

## 1 | INTRODUCTION

*Zeylanicobdella arugamensis* de Silva, 1963 is a marine ectoparasitic leech of the family Piscicolidae (Annelida: Hirudinea), affecting several cultured groupers and a wide range of other cultured fish species in Malaysia and neighbouring countries (Cruz-Lacierda, Toledo,

Tan-Fermin, & Bureson, 2000; Kua, Choong, & Leaw, 2014; Ravi & Yahaya, 2017). The mortality of the host usually takes place due to the severe infestation of leeches within a period of three days followed by the secondary infections with different pathogenic bacteria (Kua et al., 2014). Usually, they attach in large numbers on the fins, jaw, inside the mouth and eyes of the fish (Cruz-Lacierda et al.,

2000). Due to these reasons, *Z. arugamensis* has been considered as an important threat to the aquaculture industry in South-East Asian countries (Ravi & Yahaya, 2017). The parasitic leech was controlled by exposing the infested fish to formalin (37% aqueous solution of formaldehyde) solution with various percentages (Cruz-Lacierda et al., 2000). Formalin bath is very toxic for fish and human health; and it removes oxygen from the aquatic environment (National Toxicology Program, 2011; Pitten, Kramer, Herrmann, Bremer, & Koch, 2000; Plumb, 1992). In addition, formaldehyde is a carcinogenic agent and exerts neurotoxic effects on fish as well as other animals and human (National Toxicology Program, 2011).

*Dillenia suffruticosa* is a medicinal plant and belonging to the family Dilleniaceae (Corner, 1997). The local Malay name used for the plant is 'Simpoh air' or 'Simpoh ayer' (Yussof, Ahmad, & Pasok, 2010). The plant has been reported from various parts of Asia such as Malaysia, Singapore, Brunei, Indonesia and Sri Lanka. The plant grows on eroded soil, wasteland, forest edges and swampy areas (Corner, 1997; Foo, 1985). This medicinal plant has been used in different parts of Malaysia for the treatment of stomach pain, fever and cleaning wounds (Yussof et al., 2010). It has also reported with antifungal, antibacterial and antiviral properties (Muliawan, 2008). However, there is so far no report on the antiparasitic activity of *D. suffruticosa* against any parasites. The main objectives of the present study were to evaluate the antiparasitic activity and phytochemical composition of the methanol extract of *D. suffruticosa*.

## 2 | MATERIALS AND METHODS

### 2.1 | Chemicals

Formalin (37% aqueous formaldehyde solution) purchased from Sigma, Leica, Microsystem, and Germany. HPLC grade methanol was obtained from Merck.

### 2.2 | Plant collection

The leaves of the plant were collected from Papar (5.7346°N, 115.9319°E), Kota Kinabalu, Sabah, East Malaysia. The identification of the plant was carried out, and a voucher specimen (MDS-002) was deposited at the Institute for Tropical Biology and Conservation, University Malaysia Sabah, Kota Kinabalu.

### 2.3 | Extraction

The mature leaves were rinsed with distilled water and dried in an oven at 37°C. The dried plant leaves were ground separately in a mechanical grinder and stored in an airtight container. The powdered leaves (60 g) of the plant was extracted with HPLC grade methanol (300 ml) using soxhlet method (50–60°C for 72 hr). The methanol residues were removed from the extract using a vacuum rotary evaporator. The samples were kept at –80°C for 24 hr and then lyophilized using a freeze drier. The freeze-dried samples were then stored in the freezer for further studies (Osadebe et al., 2012).

### 2.4 | Gas chromatography–mass spectrometry (GC-MS) analysis of *Dillenia suffruticosa*

Prepared samples of *D. suffruticosa* were injected into a GC-MS system consisting of an Agilent 7890A gas chromatograph system coupled with an Agilent 5975C mass spectrometry detector. A capillary column HP-5MS (30 m × 0.25 mm) of 0.25 µm film thickness of coated material was used. The injector temperature was set at 250°C, and the temperature settings were as follows: start at 40°C and hold for 3 min; from 40 to 200°C at 3°C/min. and then hold for 3 min. A post-run of 5 min. at 200°C was adjusted for the next injection. Pure helium gas was used as a carrier gas and maintained at a constant flow rate of 1.0 ml/min. Gas chromatography was done in splitless mode. Identification of compounds was done by referring to the National Institute of Standards and Technology (NIST) library, and the compositions were computed with reference to the abundance of the compounds in the chromatogram. Each analysis was performed in triplicates.

### 2.5 | Antiparasitic bioassay

Ectoparasites were collected from the infested hybrid groupers of TGxGG (*Epinephelus fuscoguttatus* × *E. lanceolatus*) (Figure 2) from the hatchery of University Malaysia Sabah. All parasites were well maintained under standard ethical principles as per university regulations (UMS/IP7.5/M3/4-2012). The collected parasites were identified based on their morphological features. A total of 120 adult parasites were selected, divided into 5 groups, and each group was provided with 4 leeches in a Petri dish. Group 1 served as a negative control, treated with sea water; group 2 as a positive control, treated with 0.25% (v/v) formalin solution, while groups 3, 4 and 5 were challenged with 25, 50 and 100 mg/ml of the methanol extract of *D. suffruticosa* respectively. During the challenge, the behaviour of parasites was observed keenly and recorded. Parasites inactivity and death were recorded using the stopwatch. The experiment was repeated for six times in six replicates.

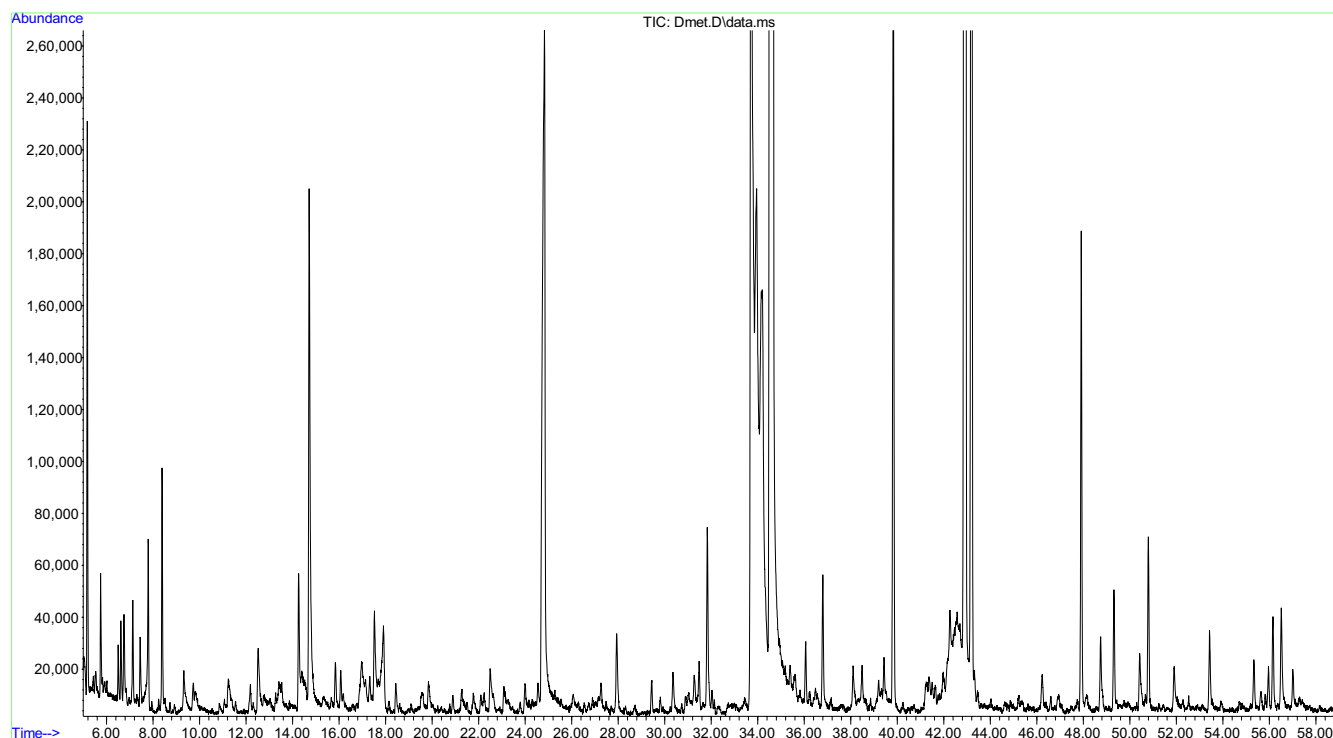
### 2.6 | Statistical analysis

The data were analysed using SPSS 21.0 windows statistical package software (SPSS Inc). Significant differences between groups were analysed using one-way analysis of variance (ANOVA) followed by Tukey's multiple comparisons test. All results were presented as mean ± standard deviation of the mean (S.D.). *p* Values <0.05 were regarded as significant.

## 3 | RESULTS

### 3.1 | Phytochemical analysis by GC-MS

Gas chromatography and mass spectrometry analyses of constituents were carried out in the methanolic extract of *D. suffruticosa*. Figure 1 indicates the obtained chromatogram. Various peaks indicated in the chromatogram confirm the detection of different



**FIGURE 1** GC-MS chromatogram of the methanol extract of *Dillenia suffruticosa* [Colour figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

phytochemical compounds at various retention times. Nineteen phytochemical compounds of different functional groups such as phenolic, carboxylic, aromatic diterpene, triterpene, saturated and unsaturated fatty acid groups were tabulated along with their area percentage and retention times (Table 1).

### 3.2 | Antiparasitic activity of *Dillenia suffruticosa*

The severely infested ectoparasites of hybrid groupers were identified as *Zeylanicobdella arugamensis* de Silva, 1963, belonging to the family Piscicolidae (Annelida: Hirudinea) (Figure 2). The mortality time of the leeches treated in formalin and extract treated groups are given in Table 2. The plant treated groups were showing the effect in a dose-dependent manner. The time taken for the mortality of leech is lesser ( $14.39 \pm 3.75$ ) in 100 mg/ml dose than 25 mg/ml ( $41.77 \pm 5.40$ ) of the methanol extract of *D. suffruticosa* (Table 2).

### 3.3 | The behaviour of *Zeylanicobdella arugamensis*

The leech *Z. arugamensis* use their two suckers for locomotion and attachment. They attach either on the fish or on the fish tank using the larger posterior sucker, then extend their body and attach again using the small anterior oral sucker. The posterior sucker then detached, drawn forward and reattached near the fixed anterior sucker, which is then released. This locomotion is well organized and rapid. It also swims fast enough to reach and find the attachment area. After detachment, the posterior sucker is applied high up on the ventral surface making loop shape. When the parasites were exposed to various concentration of methanol extract, they sway in

random movements and were not able to attach using either posterior or anterior suckers to the bottom of the Petri dish. Gradually, they became weak and die. The bodies of leeches became wrinkled and were floating in the methanol extract solution. While in the case of formalin, the leeches could be able to attach using the posterior sucker to the bottom of the Petri dish before they were dead. In the control, they attach firmly on Petri dish using its suckers and locomotion was observed.

### 3.4 | Physico-chemical parameters

Table 3 showed the water quality parameters in the control and treated groups. All parameters determined were remained constant except with a change in pH and dissolved oxygen of the plant treated groups as compared to the normal control group. Dissolved oxygen was 6.4 mg/L, while pH ranged from 4.25 to 4.66 in the plant treatment group as presented in Table 3. The change in pH of the plant solution might be due to the presence of different bioactive compounds with acidic nature.

## 4 | DISCUSSION

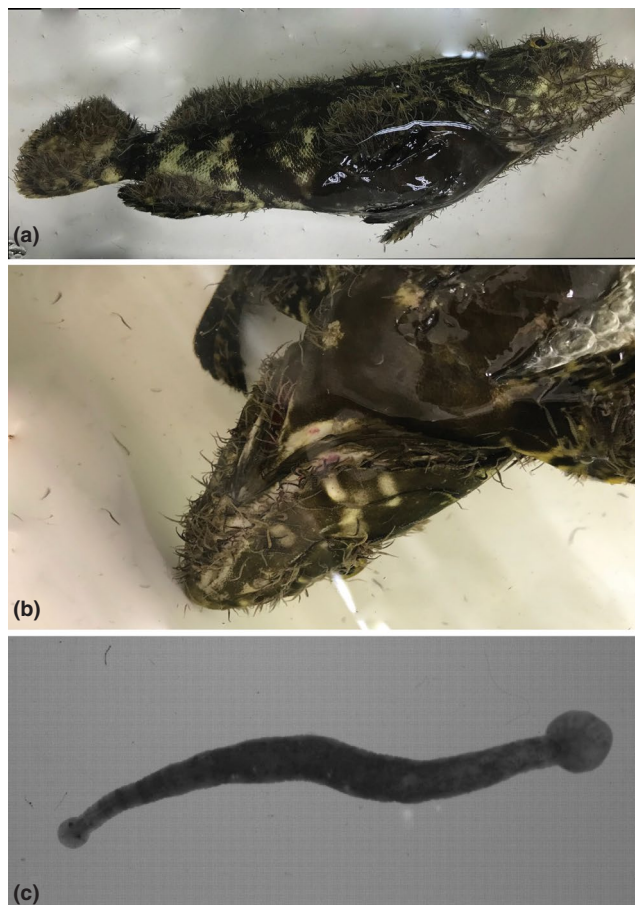
The leech *Z. arugamensis* is the most harmful parasite in the aquaculture facilities of groupers in South-East Asian countries (Cruz-Lacierda et al., 2000; Ravi & Yahaya, 2017). In order to control the leeches, fish farmers employed the chemical method by using formalin, which is against the eco-friendly aquaculture and freshwater bath as well (personal observation). On the other hand,

**TABLE 1** Phytochemical compounds detected in the methanol extract of *Dillenia suffruticosa* (RT = retention time)

No	Compounds	RT	Area (%)
1.	Methyl Glycolate	4.25	2.95
2.	2-Furanmethanol	7.44	0.77
3.	Phenol	12.52	1.39
4.	Benzyl Alcohol	14.26	2.04
5.	Undecane	17.09	11.97
6.	2h-Pyran-2-One, 4,6-Dimethyl-	22.5	1.19
7.	1-Undecanol	30.35	0.78
8.	Tetradecane	31.48	0.62
9.	Tridecanal	31.83	0.03
10.	Cyclododecane	33.71	35.78
11.	1-Dodecene	34.19	19.46
12.	Phenol, 2,4-Bis(1,1-Dimethylethyl)	36.06	0.83
13.	<i>n</i> -Tridecan-1-ol	36.8	1.98
14.	Dodecanoic acid	38.01	0.84
15.	Lauryl acetate	39.83	12.26
16.	3-Chloropropionic acid, heptadecyl	42.57	1.28
17.	Hexadecanoic acid, methyl ester	50.79	2.66
18.	<i>n</i> -Hexadecanoic acid	51.9	0.96
19.	Phytol	56.51	2.13

the medicinal plant extracts can be used as a bio-safe and natural remedy for the parasite infestations due to the presence of various bioactive compounds with antioxidant properties (Rafieian-Kopaei, 2012).

In this study, we experimented with the medicinal plant *D. suffruticosa* to kill marine leeches infesting severely on hybrid groupers (see Figure 2). Before the exposure of parasites to the methanol extracts of plants, the GC-MS analysis was done and showed the presence of various bioactive compounds such as benzyl alcohol, 2h-pyran-2-one, 4, 6-dimethyl, phenol, 2,4-bis(1,1-dimethylethyl) and dodecanoic acid (Lauric acid). These compounds have been reported with antiparasitic (Cunha, 2019; Rayan & McDonnell, 2014), antifungal (Mikhlin, Radina, Dmitrovskii, Blinkova, & Butova, 1983), antioxidant, antimicrobial (Dasgupta & Humphrey, 1998; Lee & Shibamoto, 2002; Lee, Umamo, Shibamoto, & Lee, 2005), anti-inflammatory, antiviral (Appendino et al., 2007) and anti-cancer properties (Ajayi, Olagunju, Ademuyiwa, & Martins, 2011; Rajaram et al., 2013). In addition to this saturated fatty acids, esters and a fatty acid such as hexadecanoic acid, ethyl ester and *n*-hexadecanoic acid were also found in the methanol extracts of *D. suffruticosa*. These compounds have also been detected in some other plant extracts (BülentKöse, Iscan, Demirci, Başer, & Celik, 2007; Kumar, Kumaravel, & Lalitha, 2010). Phytol is another diterpene alcohol bioactive compound detected in the methanol

**FIGURE 2** (a) Hybrid grouper (TGGG) infested with leech *Zeylanicobdella arugamensis*; (b) showing mouth area with infestation; (c) Habitus of adult *Zeylanicobdella arugamensis* de Silva, 1963 (Annelida: Hirudinea: Piscicolidae) [Colour figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]**TABLE 2** Mortality time of parasites at different concentrations of methanol extract of *Dillenia suffruticosa*

No	Group	Mortality time (min) Mean $\pm$ S.D
1	Negative control	0.00 $\pm$ 0.00
2	Positive control (Formalin 0.25% (v/v))	3.99 $\pm$ 0.93 <sup>a</sup>
3	<i>D. suffruticosa</i> (25 mg/ml)	41.77 $\pm$ 5.40 <sup>a,b</sup>
4	<i>D. suffruticosa</i> (50 mg/ml)	32.97 $\pm$ 9.29 <sup>a,b,c</sup>
5	<i>D. suffruticosa</i> (100 mg/ml)	14.39 $\pm$ 3.75 <sup>a,b,c,d</sup>

Note: Each value represents mean  $\pm$  SD of four parasites.

<sup>a</sup>Significance at  $p = 0.05$  compared with the control group.

<sup>b</sup>Significance at  $p = 0.05$  compared with the formalin treated group (0.25% (v/v)).

<sup>c</sup>Significance at  $p = 0.05$  compared with *D. suffruticosa* (25 mg/ml).

<sup>d</sup>Significance at  $p = 0.05$  compared with *D. suffruticosa* (50 mg/ml).

extract of *D. suffruticosa*, and significant antiparasitic activity has been reported (De Moraes et al., 2014). The compound has also been found with antimicrobial and anti-cancer properties (Kumar et al., 2010).

**TABLE 3** Water quality parameters of control and treatment groups

Water quality parameters	Concentrations				
	Negative Control	Positive Control Formalin (0.25%) (v/v)	<i>Dillenia suffruticosa</i> (mg/ml)		
			25	50	100
Temperature (°C)	24.9	22.6	23.3	22.7	23.0
pH	7.89	7.24	4.66	4.44	4.25
Salinity (ppt)	30.9	30.9	30.9	30.9	30.9
Dissolved oxygen (mg/L)	4.23	6.30	6.40	6.40	6.40

The exposure of various concentrations of the plant extract resulted in 100% of mortality in a dose-dependent manner at different times (Table 2). Leech parasites showed 100% mortality at a concentration of 100 mg/ml (*D. suffruticosa*) in <15 min, followed by 50 mg/ml and 25 mg/ml in 32.97 and 41.77 min, respectively, compared to the normal control group treated with sea water. The group treated with 0.25% (v/v) of formalin also resulted in 100% mortality of *Z. arugamensis* in 3.99 min. Similar results of 80% and 100% mortalities were reported by Rizky, Cheng, and Nursyam, (2018) by exposing *Piscicola geometra* leech parasite to *Scutellaria baicalensis* and *Morinda citrifolia* plant extracts. The methanol extract of the plant *Vitis vinifera* (300 mg/L and 600 mg/L) against the leech *Limnatis nilotica* resulted in the mortality of the parasite in 15.4 and 10.1 min respectively (Gholami-Ahangaran, Bahmani, & Zia-Jahromi, 2012). Likewise, the methanolic extract of *Allium sativum* demonstrated anti-leech activities with the average killing time of  $68.44 \pm 28.39$  min (Bahmani, Abbasi, Mohsenzadegan, Sadeghian, & Ahangaran, 2011). The natural agents such as caprylic acid, peppermint oil and cinnamon oil had efficacy against the larvae of diclidophorid monogenean *Heterobothrium okamotoi* infesting the tiger puffer in Japan (Hirazawa, Ohtaka, & Hata, 2000). In another study, caprylic acid at the concentration of 1 mM had an antiparasitic effect against several other fish parasites such as the ciliate *Cryptocaryon irritans* theronts, monogenean *Benedenia seriolae* oncomiracidia and myxosporean *Kudoa shiomitsui* spores, but not against the sea lice *Pseudocaligus fugu* (= *Caligus fugu*) copepodids (Hirazawa, Oshima, & Hata, 2001).

In this study, we used formalin as a positive control because it is used by local farmers for the antiparasitic activity with a low concentration ranging from 0.1% to 1%. The group treated with 0.25% (v/v) of formalin also resulted in 100% mortality of *Z. arugamensis* in 3.99 min. The chemical is not only toxic to fish but also to human beings (National Toxicology Program, 2011; Pitten et al., 2000; Plumb, 1992). A large number of chemicals and drugs are used in the aquaculture industry globally but only a few have been specifically developed for the aquaculture industry per se (Pitten et al., 2000). The majority are holdovers from wastewater treatment or veterinary and human drugs (Mohamed, Nagaraj, Chua, & Wang, 2000). Thus, much of chemicals and drugs used are based on ease of availability and on guesswork, rather than on a methodical protocol linking identifying pathogens and prescribing

the appropriate administration (Bahmani, Hosseini, Avijgan, & Qorbani, 2010). Hitherto, in Malaysia and Singapore large number of chemotherapeutant (chemicals and drugs) are used as disinfectants in aquaculture facilities in order to increase fish production. The most important of these chemicals and drugs are formalin, benzalkonium chloride, acriflavine, malachite green, hypochlorite, polyvinyl pyrrolidone, sulphonamides, tetracyclines, nitrofurans, chloramphenicol, oxolinic acid, and virginiamycin (Bahmani, et al., 2010; Bahmani, Rafieian-kopaei, Parsaei, & Mohsenzadegan, 2012; Mohamed et al., 2000; Morrison, Fox, & Rogers, 2011). The known side effects of some of these chemicals and drugs are oxygen depletion, destroying beneficial bacteria such as the nitrifying bacteria, and carcinogenic (Herwig, 1979; Mohamed et al., 2000; Plumb, 1992).

The plant extract also induces some behavioural changes in the leech parasite as compared to the normal control group. The locomotion was disturbed, and the parasites were not able to attach using the suckers to the bottom of the Petri dish due to the presence of various bioactive compounds with antiparasitic properties. In sea water, freely leeches attached to the bottom by the posterior sucker, then extended its body and used the oral sucker for the re-attachment (Kearn, 2004). However, in formalin, only one sucker either anterior or posterior attaches and then no movement was observed; under the plant extracts, both suckers were not active and just fell down in this experiment. Since *Z. arugamensis* is reported from Malaysia, Singapore, Sri Lanka, the Philippines, Indonesia and India (Cruz-Lacierda et al., 2000; De Silva, 1963; De Silva & Fernando, 1965; Sanjeeva Raj, Jayadev, & Gladstone, 1977), this study is imperative to control the infestation of leeches in aquaculture facilities.

## 5 | CONCLUSION

The data of the current investigation clearly shows that the methanol extract of the plant *Dillenia suffruticosa* is a good source of bioactive compounds of various natures in various percentages. The treatment indicated that methanol extract of *D. suffruticosa* showed strong antiparasitic activity with 100% mortality against the marine leech *Z. arugamensis*. Further study on the exposure of infested groupers with the methanolic extract of *D. suffruticosa* will be required in the future.



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## CONFLICT OF INTEREST

The authors disclose that there are no conflicts of interest to declare.

## AUTHOR CONTRIBUTIONS

MDS, BAVM and MI involved in conceptualization; investigation; methodology; data curation; and formal analysis. BAVM, CFF, MTML, RO and RS involved in funding acquisition and project administration. MDS and BAVM wrote the original draft; BAVM, MI, CFF, MTML, RO and RS reviewed and edited.

## DATA AVAILABILITY STATEMENT

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

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