## Ritual 'Palmanis' masyarakat Suluk di Sandakan, Sabah

## ABSTRACT

Palmanis rituals are still practiced by the Suluk ethnic in the East Coast of Sabah, especially in the Sandakan district. The palmanis rituals are inherited from their ancestors. In fact, palmanis rituals are also part of their survival. The objective of this paper is to explore the various types of palmanis ritual and their functions to the Suluk ethnic in Sandakan, Sabah. This study finds out ten types of palmanis rituals that considered important to this community which are; (1)Palmanis Paiguk Bulan (2) Dua' Lasa (3) Palmanis lompat Lasa (4) Palmanis Pamudlai (5) Palmanis Kielai (6) Palmanis Papa (7) Palmanis Dua Pandang (8) Palmanis Yusuf (9) Palmanis Salam Tilik (10) Two Repentance Married. This study uses a qualitative method of research in which interviews and observation are used to collect data. This study finds out that the practice of palmanis rituals in the Suluk ethnic in Sandakan, Sabah are well practised. It shows that the elements of belief, customs and traditions of ancestors are still relevant, able to grow and survive in modern society.