

## **Perception of parent and peer attachment and global self worth: Preliminary data in adolescents**

### **ABSTRACT**

Over the years, the term of global self worth becomes important in term of the adolescent s overall evaluation of general happiness and satisfaction. Recent literature suggests that both p arent and peer attachment may be a key determinant of adolescents ' global self worth. Specifically, both parent and peer attachment has been suggested to have positive relationship with global self worth. In the current survey study, we aimed to examine th e importance of perceived attachment in relation to global self worth. A self report survey was administered to 100 adolescents in a public middle school. The questionnaires used in survey are Revised Inventory of Parent and Peer Attachment (IPPA R; Gullon e & Robinson, 2005 ) and Self Perception Profile for Adolescents (SPPA; Harter, 2012) The validity and reliability of both questionnaires were verified. Regression analyze was conducted to determine the best predictor for the global self worth. The results of analysis allow us to answer the research question posed in the study which indicated that 12 per cent of the variance in perceived global self worth was explained by the model . Of these two variables, parent attachment makes the largest significant uni que contribution  $F(2, 97) = 6.635, p < .05$  to the prediction of global self worth. Surprisingly, the finding revealed no significant influence of peer attachment on global self worth. Inconsistent with other studies, the current study noted that good pare nt attachment contribute most in predicting global self worth as compared to peer attachment. Conclusions and implications regarding the impact of parent and peer attachment on self worth are discussed.