

A review of working from home (WFH) and work productivity

ABSTRACT

In the early year 2020, COVID-19 has led to dramatic changes like work and how work can be performed. Among various options, a flexible work arrangement allows workers to work from home (WFH) as a form of work continuity in times of crisis. To curb Covid-19 in Malaysia, the Government imposed Movement Control Order. The Movement Control Order has halted all non-essential economic activities in the country. The restrictions also forced the temporary closure of schools, higher education institutions (HEIs) and all government and private premises. Overnight, workers were forced to work from home. The main objective of this study is to review the effects of WFH on employees' productivity during a crisis. Based on the literature review, there is a positive effect WFH towards employees' productivity and the factors that influence the relationship are demographics, the nature of the work, and technology. The findings will add to the limited literature on the impact of WFH on work productivity and work-life balance.