

**SENSE OF PLACE OF HOST COMMUNITY IN  
TOURISM DEVELOPMENT: THE CASE OF  
TUNKU ABDUL RAHMAN PARK, SABAH**

PERPUSTAKAAN  
UNIVERSITI MALAYSIA SABAH

**PAULIN WONG POH LIN**



**UMS**  
UNIVERSITI MALAYSIA SABAH

**FACULTY OF BUSINESS, ECONOMICS AND  
ACCOUNTANCY  
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2018**

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**THIS IS SUBMITTED IN FULFILLMENT FOR THE  
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## DECLARATION

I hereby declare that the material in this thesis is my own except for quotations, excerpts, equations, summaries and references, which have been duly acknowledged.

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A handwritten signature in black ink, consisting of several loops and strokes, positioned above a horizontal line.

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I dedicate this thesis to my mother, Karen Ong. You have been both a mom and dad for me for the past ten years and my supportive emotional pillar throughout. A mother's love surpasses all! This is true for me. Thank you for your love and care as I embark on unconventional journeys, driving you mad sometimes. However, it is your unwavering support in my life that gave me assurance that I will always have you to fall back into whenever life is too tough to handle. Your blessing and prayers granted me patience, perseverance and wisdom in which I will use to be a blessing to others.

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Paulin P.L. Wong  
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## ABSTRACT

Residents, or the 'host community' are often an understudied stakeholder in tourism. Specifically, the literature disregards sentiments of attachment which the host community develops for place. Sense of Place (SoP) is defined as the emotional, cognitive and functional bonds with place. In Sabah, Tunku Abdul Rahman Marine Park (TARP) has transformed from a local recreation site into an international tourist and faces increasing demand for activities and space. Destination sustainability is a key concern for national parks management and raises the need to understand what visitors care about and to protect such experiences. This study identifies and interprets the experiences and relationships of the host community in Kota Kinabalu towards TARP. Understanding place meanings provides an insight into the uniqueness of place, and informs people-place relationships. This understanding could guide parks management to minimize potential negative impacts, preserve and utilise local SoP to provide quality tourism experiences. As place meanings are complex, this study employed an interpretive inquiry paradigm and an innovative combination of focus group interviews, Visitor Employed Photography and an adapted Q-methodology for data collection. This combination of pictorial and verbal measures enhanced the ability to evoke participants' memories and the adapted Q-method application, enabled the systematic extraction of group place meanings. This qualitative research design incorporated triangulation of methods to enhance the trustworthiness of findings. Four groups of hosts consisting five individuals each participated in a two-part data collection that includes focus group interviews and visits to TARP to take photographs of meaningful scenes for each group. Eight sets of transcriptions and two hundred fifty photographs were derived for analysis. ATLAS.ti 7 was used for data interpretation. Results derived include five main positive themes with two sub-themes each: 'Hedonia-seeking'; 'Aesthetics Appreciation'; 'Companionship'; 'Ephemeral Escapade'; 'Being Host' and three negative themes: 'Crowdedness', 'Observing Island Changes', and 'Underwater Devastation'. Themes produced the TARP Host Meanings framework which validates Pearce's Place model, albeit for hosts. A Typology of Host Community Visitors with four categories was derived and demonstrates their relationship with TARP: 'Enthusiast', 'Associate', 'Ambivalent' and 'Disconnected'. Finally, the Place Meanings Matrix addresses the transformation of relationships with TARP due to tourism. This study contributes to the literature on preserving and applying host community SoP in planning for tourism. Host community place meanings could play a role in destination sustainability if incorporated into park management plans.

## ABSTRAK

### **MEMAHAMI 'SENSE OF PLACE' DALAM PEMBANGUNAN PELANCONGAN: KES TAMAN TUNKU ABDUL RAHMAN, SABAH**

Penduduk, atau 'komuniti tuan rumah' di destinasi pelancongan adalah pihak berkepentingan yang kurang difahami dalam pembangunan pelancongan. Secara khusus, jurang dalam literatur mengabaikan sentimen *attachment* yang dimiliki/dimajukan/dikembangkan oleh masyarakat tuan rumah. 'Sense of Place' (SoP) ditakrifkan sebagai ikatan emosi, kognitif dan berfungsi dengan tempat. Di Sabah, Taman Laut Tunku Abdul Rahman (TARP) telah berubah dari tapak rekreasi tempatan menjadi destinasi pelancongan antarabangsa dan mengalami peningkatan permintaan terhadap aktiviti dan ruang. Kemampuan destinasi adalah perhatian utama bagi pengurusan taman negara dan menimbulkan keperluan memahami pengalaman yang dipentingkan oleh pengunjung dan untuk melindunginya. Kajian ini adalah untuk mengenal pasti dan menafsir pengalaman dan hubungan komuniti tuan rumah di Kota Kinabalu dengan TARP. Memahami makna tempat memberikan kefahaman tentang keunikan tempat, dan memaklumkan hubungan orang-tempat. Pemahaman ini dapat membimbing pengurusan taman untuk mengurangkan potensi kesan negatif, memelihara dan menggunakan SoP tempatan untuk menyediakan pengalaman pelancongan berkualiti. Oleh kerana makna tempat adalah kompleks, kajian ini menggunakan paradigma penyelidikan tafsiran dan gabungan inovatif dari temu bual kumpulan fokus, fotografi berdasarkan pengunjung dan metodologi-Q yang disesuaikan untuk pengumpulan data. Kombinasi langkah-langkah bergambar dan lisan ini meningkatkan keupayaan untuk membangkitkan memori peserta dan aplikasi Q-metod yang disesuaikan, membolehkan pengekstrakan sistematik makna tempat berkumpulan. Reka bentuk penyelidikan kualitatif ini menggabungkan triangulasi metod untuk meningkatkan kebolehpercayaan hasil penemuan. Empat kumpulan tuan rumah yang terdiri daripada lima individu masing-masing mengambil bahagian dalam temubual kumpulan fokus yang mempunyai dua bahagian. Pengumpulan data terdiri daripada dua fasa termasuk lawatan ke TARP untuk mengambil gambar adegan yang bermakna bagi setiap kumpulan. Lapan set transkripsi dan dua ratus lima puluh gambar diambil untuk analisis. ATLAS.ti 7 digunakan untuk tafsiran data. Keputusan yang diperolehi termasuklah lima tema positif utama dengan dua sub tema masing-masing termasuk: 'Pencarian-Hedonia'; 'Penghargaan Estetika'; 'Persahabatan'; 'Percutian Singkat'; 'Menjadi Tuan Rumah' dan tiga tema negatif: 'Kesesakan', 'Pemerhatian Perubahan Pulau', dan 'Kemusnahan di Bawah Laut'. Tema menghasilkan kerangka TARP Host Meanings yang mengesahkan model tempat *Pearce* bagi untuk tuan rumah. Tipologi Pelawat Tuan Rumah dengan empat kategori yang diperolehi menunjukkan hubungan mereka dengan TARP: 'Penggemar', 'Rakan Sekutu', 'Ambivalen' dan 'Yang Terpisah'. Matrix Makna Tempat (PMM) membahas transformasi hubungan dengan TARP disebabkan pelancongan. Kajian ini menyumbang kepada literatur mengenai pemeliharaan dan penerapan SoP komuniti tuan rumah dalam perancangan pelancongan. Makna tempat komuniti tuan rumah boleh memainkan peranan dalam kemampuan destinasi jika dimasukkan ke dalam pelan pengurusan taman.



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## LIST OF ABBREVIATIONS

<b>TARP</b>	–	Tunku Abdul Rahman Marine Park
<b>SoP</b>	–	Sense of Place
<b>PMM</b>	–	Place Meanings Matrix
<b>PAT</b>	-	Place Attachment Theory



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# CHAPTER 1

## INTRODUCTION

### 1.1 Rationale of the Study

In tourism, local residents, or the host community is an important stakeholder (Goeldner and Ritchie, 2003) but one that often has no influence upon the development of this industry (Ashworth, 2003; Mowforth and Munt, 2009). Tourism development brings short and long term effects: it is often lauded for the positive economic impacts it brings to destinations. However, tourism can introduce a range of negative impacts to the destination and its community. Evidence of a rise in the costs of living, changes to residential identity and local culture, overcrowding at local recreation areas (both traffic and pedestrian congestion) and environmental consequences of tourism have been documented in the literature (Andereck and Jurowski, 2006; Laakso, 2011). However, there exists other more subjective concerns that are equally important, but given less attention in the literature. People form personal attachments to places which gives them a sense of belonging, purpose and meaning in their lives (Bricker and Kerstetter, 2006). This attachment is the emotional, cognitive and functional construct known technically as Sense of Place (SoP) (Halpenny, 2010). And why is attachment to place worth exploring? The literature suggests developing attachment to one's local area is linked with positive health and community participation outcomes including protecting the environment and the social and physical features of neighbourhoods (Anton and Lawrence, 2014). Other benefits of attachment to place for an individual include a better quality of life, enhanced physical and psychological health, satisfying social relationships, and greater satisfaction with the physical environment (Anton and Lawrence, 2014).

In fact, the literature also suggests that SoP is a positive indicator for destination sustainability (Stedman, 1999). However, the potential for host community SoP as a form of social sustainability has not been directly conceptualised so far. There is room to explore the role of SoP as a principle of 'social sustainability' (Mowforth and Munt, 2003). Within urban community planning, policy makers seek to incorporate social sustainability, but its application lacks clarity. This aspect of sustainability has a relationship with "identity creation, social, political and cultural capital, and even happiness and sense of place" (McClinchey, 2017: 5). According to McClinchey (2017), sustainability policy and initiatives mainly focus on economic and environmental dimensions; social dimensions are under-researched. By definition, social sustainability focuses on 15 key areas including education, employment, quality of life and recreation (McClinchey, 2017). Notably, access to recreation is a facet of social sustainability, and "it is the indicators such as sense of community belonging, level of community activities and meeting places that demonstrate the strongest social dimensions of sustainability" (McKenzie, 2004 as cited in McClinchey, 2017).

SoP has emerged as a human-based approach to managing natural resources (Kaltenborn and Williams, 2002). The meanings that breathe life into geographic space and convert it into 'Place' are informed by human experiences, relationships, emotions and thoughts (Stedman, Beckley, Wallace & Ambard, 2004). Bricker and Kerstetter (2006) implore that tourism developers need to assess how residents feel about their 'place' because quality tourism experiences depend on maintaining the SoP held by residents of a tourism destination. Accordingly, they suggest when development of tourism affects residents' SoP negatively, the quality of tourism experiences sought by tourists and the unique characteristics of place which they found attractive could disappear. In the context of tourism, SoP can be addressed through research on the host community, but gaps remain in the literature. Little is known about how to apply hosts' SoP to promote quality experiences for tourists. Nor is there knowledge of how hosts' SoP transforms over time due to the influence of tourism upon their experiences and relationships to place. This study aims to remedy this shortcoming by exploring how tourism development altered host community relationships to a popular national park. This objective was achieved by conducting an empirical investigation into place

meanings to understand their experiences, relationships and the implications for tourism.

How do residents or the host community feel about tourism development? In a seminal study by Mathieson and Wall (1982), resident perceptions of tourism were found to be positively influenced when there were economic benefits, but negatively inclined due to social and environmental costs. Over a decade later, Jurowski, Uysal and Williams (1997) applied social exchange theory to explain that residents evaluated the impacts of tourism and their support for tourism depending on what they valued. Seven factors included "potential for economic gain, use of the tourism resource, ecocentric attitude, and attachment to the community" and each of these "modify, both directly and indirectly, resident support for tourism (Jurowski, et al., 1997:3). As tourist destinations often experience rapid transformation, whether economic, socio-cultural or environmental, these changes effect the destination host community the most (Singh, Timothy and Dowling, 2003). Why so? Ashworth (2003) proposed that tourism development exerts influences upon stable host communities because they are mere passive reactors to tourism-induced change. In light of development for tourism, it is all the more necessary to document the meanings people attach to places as this provides developers an understanding about culture, values and concerns of the people who built and use these places (Bricker and Kerstetter, 2006). Notably, Mowforth and Munt suggested that local communities "reap few benefits from tourism because they have little control over the ways in which the industry is developed, they cannot match the financial resources available to external investors and their views are rarely heard" (2009: 225). As tourists spend their time and money at a destination, they, inadvertently influence either development or degradation of the local environment (Robinson, Luck & Smith, 2013). Therefore, Page and Connell suggest, "if one of the objectives of tourism development is to benefit the host population, some consideration must be given to the host perspective on impacts and local community carrying capacity values" (2009:415). Nowhere is this more poignant than development which transforms places that are valued by the host community into tourist destinations.

Space is empty, but place is full of human experiences; it is meaningful (Tuan, 1974). In tourism, place or the destination is shared by both tourists and residents. A tourist destination can be viewed as the combination of places that generate experiences; but, it is the symbolic nature of these destinations which gives value to the experiences gained (Snepenger, Murphy, Snepenger and Anderson, 2004; Snepenger, Snepenger, Dalbey, Wessol, 2007; Page and Connell, 2009). Moreover, it should be considered that these destinations were first and foremost 'home' to the residents long before becoming tourist destinations (Robinson, et al., 2013). Over time, residents, or hosts comprehend complex and meaningful experiences in a place, including tourism related transformations (Goeldner and Ritchie, 2012; Stylidis, Biran, Sit and Szivas, 2014). How do hosts feel about changes that occur? As these places are usually consumed by tourists (McKercher, Wong and Lau, 2006; Skipper, 2009), studies on tourism are usually ascribed to tourists. Yet, consider that tourists are transient and hosts are permanent; they live with the changes that arrive with tourism development. Tourism related change is undeniable. Cautiously, Singh, et al. (2003: 1) suggested tourism is, "one of the most ingeniously crafted, deliberately propagated and expedient opportunities for social exchange" and "a culprit of negative change, wherein destination environments have deteriorated, cultures changed and economies faltered". The literature suggests that fundamental to the successful development of tourism is the balanced or harmonious relationship between tourists, the people and places they encounter, and the organisations and businesses that provide tourism services (Sharpley, 2014). However, this study contends that host community SoP is also an important ingredient to this balance, as suggested by Bricker and Kerstetter (2006) and SoP can be understood through finding out their place meanings which is the intangible experiences mirroring the value of the place (Wynveen, Kyle, Absher and Theodori, 2011). According to Bricker and Kerstetter (2006:100),:

"understanding the relationship between local community members and the place in which they live assists tourism planners, operators, and marketers in their development of sustainable quality tourism experiences".

How so? Three contributions are possible including an assessment of the appropriateness of the tourism product; consideration of local community aspirations which enhance communication of tourism impact strategies; and responding to the value people assign to special places in order to minimize potential negative impacts (Bricker and Kerstetter, 2006). In the context of tourism, local national parks have evolved into international tourist destinations. Due to the diversity in visitors, conflict is sometimes created due to differences in the way people value or feel about this protected area. "Symbolic and intangible aspects of wilderness experiences are often mistakenly overlooked as sources of conflict" (Williams and Patterson, 1999:154-155). Consider a hiker and all-terrain vehicle (ATV) user sharing the same space, each constructing a different type of experience over the one desired by the other. Such shared space deserves greater attention to understand visitor needs.

A national park is one example of such place shared by both residents and tourists, where all three SoP contributions just mentioned demand attention as it evolves in an international tourist destination. National parks are areas set by a national government for the preservation of the natural environment. As preservation of the environment become prominent, the most effective strategy was to engage the force of law by setting aside areas of a country as national parks (Nash, 1973; Graber, 1995). According to Sarkar (1999), the immediate target was the creation of national parks for recreational use, primarily by short-term visitors. Overtime, the purpose of national parks exceeded public recreation and enjoyment to include preservation of historical or scientific artefacts (Robinson, et al., 2013). The vision of national parks is for its landscape, its flora and fauna to be kept in their natural state with little interruption from recreational activities. Therefore, any development in a national park should be appropriate to this vision. However, Mels, (1999) opined that national parks should not be understood as articulations of untouched wilderness, but rather as spaces constructed by historical and social practices. According to Olwig (1995), the objects, aims and means of conservation change with time and place, and these direct the management and land use of national parks. National parks as tourism destinations were initially established to provide the local community with places to see and experience nature (Saarinen, 2007). Although national parks have had recreational and touristic goals since the

early stage of the park movement, the role of tourism in parks is neither historically nor culturally unchanging nor indisputable (Puhakka, 2008) as tourism takes center stage turning national parks into highly visited tourism destinations. Thus the role of tourism development in national parks is of vital concern to ensure preservation of the parks. Because of this, the local community who first utilised and continue to visit the park for recreation should be considered a key stakeholder in any development. National parks as tourism destinations are initially based on the idea that:

"national parks provide citizens with places to see and experience nature, and parks are thus established to satisfy humans' needs. This does not, however, mean that nature conservation is not taken into account. In this discourse, the primary arguments of protection are not ecological but aesthetic; beautiful landscapes and other marvels of nature are preserved as natural sights and recreation areas. Nature conservation is mostly understood as maintaining the visual characteristics of nature, and economic use does not necessarily conflict with this goal. The discourse considers humans as visitors who do not remain in nature, and it places thus nature outside society and culture"

(Saarinen, 2007: 40-41)

According to Puhakka (2008), conservation goals are closely connected to the interests of tourism due to the aesthetic perspective. Early on, the interaction between nature preservation and tourism was seen as an interdependence relationship (Budowski, 1976). This interdependence relationship in national parks is grounded on the idea that the objectives of conservation and recreation can be integrated, which means nature is preserved even with human activities in parks. The main emphasis was on the positive effects of tourism which are beyond economic, but aesthetic, recreational or educational as well. Furthermore, national parks have different kinds of facilities and services that enable the local community to participate in different recreational activities such as hiking and camping to learn about natural areas easily. Some restrictions are, however, placed on tourism and recreation in parks to maintain quality of visitor experiences and ideas of nature. Here, understanding the values assigned to the park and the recreation activities