# PHYSICAL CHAACTERISTICS WOUND IN YOUNG GINGER (Zingiber officinale Roscoe) RIZHOME DURING POSTHARVEST DANDLING

PERPUSIAKAAN UNIVERSITI MALAYSIA SABAH

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2007



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UNIVERSITI MALAYSIA SABAH

# DISERTATION SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENT FOR THE DEGREE OF BACHEOR OF SCIENCE WITH HONOURS IN PLANT TECHNOLOGY

# PLANT TECHNOLOGY PROGRAMME SCHOOL OF SCIENCE AND TECHNOLOGY UNIVERSITI MALAYSIA SABAH

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I hereby declare that the thesis is based on my original work except for quotations and citations, which have been duly acknowledged.

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## ABSTRACT

This study had been done on the young ginger (Zingiber officinal Roscoe) rhizome to measure the effect of treatments and storage durations to the physical wound. The aim of this study was to reduce the physical wound in young ginger rhizomes during postharvest handling. By having the knowledge about the physical characteristics wound in young ginger rhizomes, the maximum level of damage could be reduced. Young ginger rhizome was harvested and treated with the abrasion, compression, abrasion and compression injuries. The young ginger rhizome without any injury treatment was used as the control. After being treated, the rhizomes were stored at room temperature for the periods of 0, 2, 4, 6, and 8 weeks. Completely random design was used in this study with a factorial arrangement of treatments by using 4 different of injuries (control, abrasion, compression, abrasion and compression) and the period of storage durations (0, 2, 4, 6 and 8 weeks). There were 5 replicates used per treatment in each experiment. The result showed that abrasion and compression would bring damage to the rhizome that will result in weight loss, increasing of firmness, defect on the visual appearance and changes on the parenchyma cell structure. Among the postharvest handling, abrasion and compression injuries stimulation gave the most defected visual appearance to the young ginger rhizome. The result showed that the highest weight loss (43.07%) was the rhizome treated with abrasion injury stimulation while the lowest weight loss (22.96%) was fresh rhizome (control). The result showed that, abrasion and compression injuries stimulation gave the most firmness to the young ginger rhizome with the increasing of storage durations. Besides that, the rhizome showed the increase of injury after storage. However, the destruction and ruptured only happened to the rhizome treated with abrasion, abrasion and compression injuries stimulation. In addition, the compress's rhizome and the fresh rhizome (control) did not show any destruction and rupture. This study showed that there were correlation between treatments and storage durations to the physical wound.



## ABSTRACT

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#### ABSTRAK

Kajian telah dijalankan terhadap halia muda untuk mengukur kesan rawatan dan jangka masa penyimpanan ke atas kerosakan fizikal rizom halia muda (Zingiber officinale Roscoe). Kajian ini dijalankan untuk mengurangkan kerosakan pada halia muda semasa pengendalian lepas tuai dan menentukan ciri-ciri kerosakan fizikal pada halia muda supaya dengan pengetahuan terhadap ciri-ciri kerosakan maka kerosakan dapat dikurangkan. Rizom halia muda yang dituai dirawat dengan gosokkan, mampatkan, gosokkan dan mampatkan. Rizom halia muda kawalan tidak akan dirawat dengan sebarang rawatan. Selepas dirawat, maka rizom akan disimpan ke dalam bilik penyimpanan bersuhu bilik selama 0 minggu, 2 minggu, 4 minggu, 6 minggu, dan 8 minggu. Kajian ini dijalankan dengan menggunakan 4 jenis kerosakan (kawalam, gosokkan, mampatan dan gosokkan dengan mampatan) reka bentuk penuh rawak dengan rawatan disusun secara factorial dengan masa penyimpanan (0, 2, 4, 6, dan 8 minggu). Dalam eksperimen ini, setiap rawatan mempunyai 5 replikasi. Penyelidikan ini menunjukkan bahawa kesan rawatan gosokkan dan mampatkan akan membawa kerosakan seperti kehilangan berat, kekerasan, pertukaran dalam visual penglihatan, dan pertukaran dalam struktur parenchyma sel rizom halia. Daripada kesemua kendalian pasca tuai, stimulasi gosokkan dan mampatan memberi paling banyak kerosakan pada visual penglihatan. Keputusan menunjukkan kehilangan berat yang paling tinggi adalah rizom yang dirawat oleh stimulasi gosokkan (43.07%) manakala kehilangan berat yang paling sedikit adalah kawalan (22.96%). Selain itu, rizom menunjukkan kerosakan meningkat selepas penyimpanan. Walaubagaimanapun keruntuhan sel berlaku pada rizom yang dirawat oleh stimulasi gosokkan, dan stimulasi gosokkan dan mampatkan tetapi untuk rawatan yang lain, kesan mampatkan dan kawalan tidak akan meruntuhkan dinding sel. Kajian ini juga menunjukkan bahawa rawatan dan jangka masa penyimpanan mempunyai hubungan yang kuat dan rapat dalam mempengaruhi keputusan.



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## UNITS

- $\mu m Micrometer$
- kgf- Kilogram Force
- F Force
- kg- Kilogram
- cm- Centimeter
- °C Degree Celsius
- m Meter
- gm Gram
- % Percentage



## CHAPTER 1

#### INTRODUCTION

Ginger (*Zingiber officinale* Roscoe) is a plant with an underground stem, or rhizome belonging to the family Zingiberaceae, which has been used as a medicine in Asian Arabic, and Indian herbal traditions since ancient times. Ginger is believed to be one of the first spices brought to Europe along the Silk Road from China. Arab merchants controlled the trade in ginger and other spices for centuries until explorers like Marco Polo reached the Indian Ocean. The Portuguese took ginger to their colonies and the Spaniards introduced it to the New World in 1547 they exported over 1,000 tons of rhizomes to Jamaica and Mexico, and by the end of the century had a thriving trade with Europe. Fresh ginger was cultivated throughout the topics and is freely available (Paul-Urguhart and Jan, 1995).

Ginger grows in fertile, moist, tropical soil. Cold climate is also favorable to growth of ginger. The rhizome of the ginger plant is referred to as a root and is used as a spice in cooking and as a pickled vegetable. The knobby, fibrous mature root has a light yellowish brown skin when fresh (Robert and Ching, 1988). The creeping,



branched rhizomes grows near the surface, with pale yellow flesh beneath a thin, buffcolored to dark brown skin, look like knobby fingers and are often referred to as 'hands'. The stems can grow up to 120 cm tall, with narrow, lance-shaped leaves; the short-lived flowers are yellow-green and purple, marked with spots and stripes (Paul-Urquhart and Jan, 1995). High quality ginger is characterized by large thick rhizomes with limited branching white in color and glossy in appearance.

In China, for example, ginger has been used to aid digestion and treat stomach upset, diarrhea, and nausea for more than 2,000 years. Since ancient times, ginger has also been used to help treat arthritis, colic, diarrhea, and heart conditions. It is also help in recovering the common cold, flu-like symptoms, headaches, and even useful during painful menstruation periods. Ginger is most commonly known for its effectiveness as a digestive aid. By increasing the production of digestive fluids and saliva, Ginger helps relieve indigestion, gas pains, diarrhea and stomach cramping. In Malaysia, a decoction of the rhizome is taken for stomach-ache and as a tonic for women after childbirth. A lotion prepared from the rhizome together with vinegar is also used to rub over the body after childbirth as a protective medication. The rhizome is an effective treatment for flatulence, dyspepsia, colds, coughs, fever, nausea, vomiting, nosebleeds and rheumatism. A decoction of the rhizome and pepper is taken as an abortifacient. A decoction of the dried rhizome and coriander is a widely acclaimed remedy for colds and fever, while the juice mixed with garlic and bee's honey is a common remedy for coughs and asthma (Samy et al., 2005). In addition to these medicinal uses, the value of ginger is increasing since it becomes a main cooking spice.

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Nowadays, ginger is used throughout the world as a flavoring for sweet and savory dishes. It plays a starring role in foods like gingerbread, but also an integral part of many spice mixes, appearing in biscuits, cakes, soups, pickles, marinades, curry powder, stewed fruit, puddings, tea, beer ale, and wine. It was also the most important spice in Chinese cookery. In Japanese cookery it is used as a side dish called 'gari' to accompany sushi. Besides being used fresh, it is also used dried and in powdery form, ginger pickled, preserved in syrup, candied and crystallized. Rhizomes should be lightly scraped or peeled to remove the tough skin before use (Paul-Urquhart and Jan, 1995).

There are some mechanical stresses that may cause physical injury due to the improper handling during postharvest and storage. The mechanical stresses are secondary causes of loss which lead to conditions that encourage primary causes of loss and are usually a result of inadequate or non-existent handling equipment, technology and control (Peter *et al.*, 2002). Mechanical stresses cause physical injury or mechanical failure represents one of the most serious of quality loss during the postharvest period. Mechanical perturbations such as rubbing and wounding rapidly increase ethylene evolution. The volatile plant hormone ethylene is generated by plants under a variety of stressful conditions. Ethylene-induced ripening, senescence, flower fading, chlorophyll loss, abscission, physiological disorders, epinasty, and various tropistic and tortional responses contribute to the deterioration of horticulture commodities during transport and storage (Stanley, 1991). In some products, mechanical injury has been shown to be the primary cause of postharvest losses. The actual loss may be physical which mean loss of part of the product, physiological



caused loss in weight from increased water and respiratory losses, pathological which due to the facilitated entry of microorganisms, or qualitative (Stanley, 1991)). A rhizome having a level of moisture shrivels much faster than one having low moisture content under the same conditions. Therefore, handling and storage during post harvest is important.

Storage plays an important role in maintaining the high quality of the ginger rhizome. The extraction between the physical, chemical and biological factors within the ecosystem lead to changes in the quality and nutritive value of the stored product. The physical factors of most importance during storage are temperature, moisture content of the crop, relative humidity of the atmosphere and concentration of atmospheric gases such as oxygen and carbon dioxide. All living things within the store, including the stored product, insect, mites, and microorganism, are affecting each other and indeed interact within these factors. During all postharvest operations from fields to store, care is needed because their soft texture and high moisture content render them susceptible to mechanical injury. Physical factors can directly influence the quality of ginger. Changes in physical factors like ambient climate and deliberate manipulation can result in biochemical processes happening within the stored product, and this may prevent spoilage (Peter *et al.*, 2002).

Therefore, it is important to know the characteristics wound in young ginger rhizomes in order to have less sensitivity o the injury. It also can help in maintaining the high quality of the ginger crop in a proper way. For example, dropping fruit from a



height during harvesting can result in bruising which may only be apparent when the fruit starts to ripen. This is due to the careless handling (Peter *et al.*, 2002). Wound healing in developing apple fruit has been largely associated with wound periderm formation, which is lacking in fruit wounded after harvest. Wounds in mature "Golden delicious" and 'Granny Smith' apples became resistant to *Botrytis cinerea* and *Penicillium expansum* within 4 days at 5°C. The fruit tissue exhibited formation of wall thickenings extending 4 to 6 cell layers from the wound. Immediately after wounding, the wound cell walls were thin and collapsed. With time, the outer walls compacted together, and formed a dense fibrous layer which lined the wound surface. An examination of cell morphology showed that cells adjacent to the wound surfaces had no meristematic activity (Robert *et al.*, 1998).

Therefore, the objectives of this study are:

- To determine the physical characteristic wound in young ginger rhizome during postharvest handling.
- II) To determine the changes of cell structure of young ginger (*Zingiber officinale* Roscoe) rhizome during handling.

Hypothesis of this study are:

- Null hypothesis of this study is the mechanical injuries will cause the young ginger rhizome to damage during postharvest handling.
- Alternative hypothesis of this study is the mechanical injury will not cause the young ginger rhizome to damage during postharvest handling.



#### CHAPTER 2

## LITERATURE REVIEW

#### 2.1 Ginger

Ginger scientifically known as Zingiber officinale Roscoe is a monocotyledon which belongs to the family Zingiberacea (Noor *et al.*, 2003). Compounds from rhizomes of Z. officinale are commonly called ginger, which has been purported to have antiinflammatory actions. Z. officinale is a slender, erect, perennial herb that can grow to a height of 1 to 1.5 m. The plant has a pseudostem formed by the overlapping tubular leaf sheaths. The leaves are dark green, and narrow down evenly to a slender tip. The rhizome is about 2 cm thick, and it is brown externally and yellowish inside. The inflorescence arises directly from the rhizome and grows up to length of 15 to 20 cm (Samy *et al.*, 2005). The rhizome of the ginger plant is referred to as a root and was used as a spice in cooking and as a pickled vegetable.

According to Grieve (1992), ginger was naturalized in America after the discovery of that country by Spaniards. Francisco de Mendosa transplants it from the East India into Spain, where Spanish-Americans cultivated it vigorously. However, according to the Samy *et al.* (2005) ginger is native to India and China. It takes its name from the Sanskrit word *stringa-vera*, which means "with a body like a horn", as



in antlers. Although it was grown locally in Malacca since 1416, *Z. officinale* is not native. Ginger has been important in Chinese medicine for many centuries, and is mentioned in the writings of Confucius. It is also named in the Koran, the sacred book of the Moslems, indicating it was known in Arab countries as far back as 650 A.D (Samy *et al.*, 2005).

There are at least 20 or more ginger species where have been cultivated for their use as spices, condiments, flavours, fresh vegetable, medicine, ornamentals and quite recently as cut flowers (Larsen *et al.*, 1999). In Malaysia, the young ginger's rhizome is sliced and eaten raw as 'ulam' or dipped in 'sambal' (Samy *et al.*, 2005). Ginger is an herbaceous perennial plant which is an important spice of South Asian origin. It is cultivated extensively in South-East Asia and Far East, and propagated vegetative through rhizomes. The ginger's rhizome looks like a knobby, fibrous mature root that had a light yellowish brown skin when fresh. The ginger's rhizome was also harvested at a very early stage before fiber development has been taken place, for used in pickles and confectionery (Robert and Ching, 1988). Ginger is a perennial, creeping plant, on thick tuberous rhizome, producing an erect annual stem 60–120 cm tall (Ravindran and Nirmal, 2005). Ginger is one of the most widely used spices and has been used in traditional oriental medicines for long time. Besides culinary use as a spice, *Zingiber* species are also used for their medicinal properties.

Ginger is marketed in 2 categories which are young ginger about 4 to 5 months and old ginger is about 9 to 10 months. The price is based on the grade which



differentiated into 2 grades, A and B. Grade A is clean, not injured, and fresh; with it weight more than 250gm. Its price is RM3.20 per kilogram in the field. Grade B is clean, not injured, and fresh, with it weight less than 250gm. Its price is RM2.00 per kilogram in the field (PPK Tambunan Sabah, 2006). However, the price of young ginger varies according to the locality, season, quality and type of ginger marketed (Jabatan Pertanian Sabah, 2006).

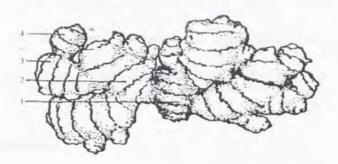


Figure 2.1 The rhizome of ginger. 1. Mother rhizome. 2. Primary finger (first-order branch). 3. Secondary finger (second-order branch). 4. Tertiary finger (third-order branch) (Ai et al., 2005)

### 2.2 Underground Vegetables Quality

Quality is a term frequently used in postharvest studies, but rarely defined. Quality is defined as a series of attributes selected on the basis of accuracy and precision of measurement. These attributes are in turn used to evaluate the effect of a breeding line or transgenic product, chemical or quarantine treatment, handling technique or system, set of storage conditions or other postharvest variable on the fresh fruit or vegetable (Shewfelt, 1998). Quality of produce encompasses sensory properties such as



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