Paper, 29th-31st July 2011 - The SPU 2011 Retreat Workshop was held at Beringgis beach resort Papar. The aim of this workshop is to plan the annual management and schedule in a year including the activities that will be organizing in School of Medicine. The workshop began at 3.00pm with brainstorming on SWOT, followed by group presentation on SWOT summary at 8.00 pm.

On the second day, the participants were occupied on discussing new strategies until 5pm. The outcome was presented at 8.00pm. On the last day, the participants compiled all the documents that were prepared and presented. The workshop ended with closing speech by SPU acting dean PM Dr D Kamaruddin D Mudin at 12.00noon.

In response to the Hospital Queen Elizabeth Blood Bank’s shortage of blood, the School Of Medicine UMS in collaboration with Hospital Queen Elizabeth organized a blood donation campaign for the Festive Season – Fasting Month and Hari Raya Celebrations on 22nd August 2011 at SPU New Building Gallery from 9am until 3pm. During this Campaign a total of 29 individuals came forward as blood donors.

The main purpose of this campaign was to supplement the critically low blood stock available in the Queen Elizabeth Hospital due to fewer blood donations during the fasting month.

The anticipated need for blood is usually critical before, during and immediately after Hari Raya Aidilfitri or any other holidays. Blood is a vital gift to save life.

This leadership development in the community of Kudat district is organized by Rural Medicine Research Unit (RMRU), School of Medicine. This workshop was officiated by the Assistant District Officer from the JKKK Kudat, Enok Yassin Nasir. The Rural Medical Education Centre (RMEC) is a potential to provide a convenient place for these efforts and the training of villagers can easily be carried out due to the presence of the medical and support staff at the UMS Polyclinic. The RMRU and RMEC has joined forces together in reaching out to the rural community by forming smart partnerships also with the help from the School of Social Science for facilitating in this workshop, e.g. the Pupuk program, Carrying out Health Education and Promotion activities, research activities and TOT in aerobics to village volunteers in an attempt to promote lifestyle changes and prevent obesity.

The chairperson for this workshop is AP Dr Than Myint and the session was successfully conducted by Dr Roslee Haji Abbas and AP Dr Amalina Emran together with the 7 assistant facilitators during the workshop. There are 42 participants together with recognized leaders selected from different new villages of Kudat district in RMEC, Sikuati, Kudat including the six leaders chosen on the previous workshop done.